On the Shelf

Winter Session

Holiday Closings
November 22-24th
2PM Close November 21st
December 24th-25th
2PM Close December 31st

TOWN OF BALLSTON COMMUNITY LIBRARY

Monday-Thursday: ***10am - 8pm***
Friday: ***10am - 5pm***
Saturday: ***10am - 2pm***

COMMITTED AND CONNECTED

Essential Oils

Essential Oils 101

Join us on December 17th to make some fun and unique gift ideas for your loved ones (or yourself) utilizing certified pure therapeutic grade essential oils.

Monday, December 17th @ 7:00PM

Winter Wellness with Essential Oils

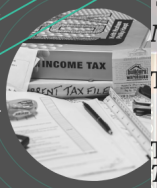
Join us for a special Winter Wellness Make & Take Essential Oil Workshop. An introduction to essential oils and how therapeutic grade oils can be the key to Essential Winter Well Being for you and your whole family. Learn how essential oils can support you and your family's immune system, over health, mood, and well being this winter.

Wednesday, January 14th @ 7:00PM

ADULT Programs

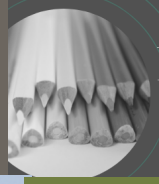
Special Education 101
Thursday, January 17th
6:00PM

Nobody's Perfect Organizing: The Anti-Perfectionist's Guide to Organizing
Thursday, January 24th
6:30pm



Writing for Chicken Soup for the Soul®
Wednesday, February 6th
1:00pm

Author visit with Dr. Gerald Stulc
Monday February 11th
1:00pm



Adult Coloring at the Library
Thursday December 20th
10:30am

Library Book Clubs

Judy's Book Club

No Meeting in December

Monday, January 28th - 1:00pm
Little Fires Everywhere **by Celeste Ng**

Monday, February 25th - 1:00pm
We Are Not Ourselves **by Matthew Thomas**

Non-Fiction Addiction

Thursday, November 15th - 12:30pm
The Gatekeepers by Chris Whipple

Thursday, December 20th - 12:3opm
Notorious RBG **by Iron Carmon**

Thursday, January 17th - 12:30pm
Word by Word **by Kory Stamper**

Thursday, February 21st - 12:30pm
The Taking of K-129 **by Josh Dean**

Chapter Chat

Tuesday, December 11th - 7:00pm
Charlotte Walsh Likes to Win **by Jo Piazza**

Tuesday, January 8th - 7:00pm
The Rosie Project **by Graeme Simsion**

February 12th - 7:00pm
Girl, Wash Your Face **by Rachel Hollis**

Sound Mind & Body

Thursday, November 1st- 6:30pm
Being Mortal **by Atwul Gawande**

Thursday, December 6th - 6:30pm
Your Best Year Ever **by Michael Hyatt**

Thursday, January 3rd - 6:30pm
The Complete Guide to Fasting **by Dr. Jason Fung**

Harnessing Nature:
Building The Great Sacandaga

Located in the southern foothills of the Adirondack Mountains, the 29-mile-long Great Sacandaga Lake is the largest man-made body of water in New York state. On Wednesday, December 5th at 1:00pm, Saratoga County Historian Lauren Roberts will discuss the new documentary titled, "Harnessing Nature: Building the Great Sacandaga."
***Registration Required, sign up online or by calling the Library**

Wednesday, December 5th at 1:00pm

FRIENDS of The Town of Ballston Community Library

FRIENDS OF THE LIBRARY

FIRST TUESDAY OF EVERY MONTH

SEPTEMBER 4TH
7:00PM
OCTOBER 2ND
9:00AM
NOVEMBER 13TH
7:00PM

HOLIDAY CRAFTING WITH WASHI TAPE FOR ADULTS

Listen to holiday music, make some holiday crafts with washi tape, and have some fun!
*Registration Required
Wednesday, December 5th @ 6:30pm

PLEASE REGISTER ONLINE OR BY CALLING THE LIBRARY

toblibrary@sals.edu 2 Lawmar Lane, Burnt Hills, NY 12027 518-399-8174

On the Shelf

FINANCIAL PLANNING

BOOM AND BUST: WHAT HAPPENS IF MY COMPANY CAN'T PAY MY PENSION

Your pension is crucial to your retirement security. But what happens to your pension benefit if your company goes bankrupt? What does it mean for you if your company has a large shortfall in pension funding? Will you still get your pension? Will it be reduced? Join us to learn about the protections that exist for your pension benefit and how your pension should fit into your 'big picture' financial plan.
Monday, December 3rd @ 6:30PM

WHEN TO TAKE SOCIAL SECURITY

Timing is everything! Social security is a vital component to your decision making regarding your income in retirement. This session will go over the basics of social security, including the impacts of working in retirement, timing of benefits filing and how life changes can impact and sometimes add benefits.
A free personalized social security analysis will be offered to those that attend.
Monday, December 10th @6:30pm

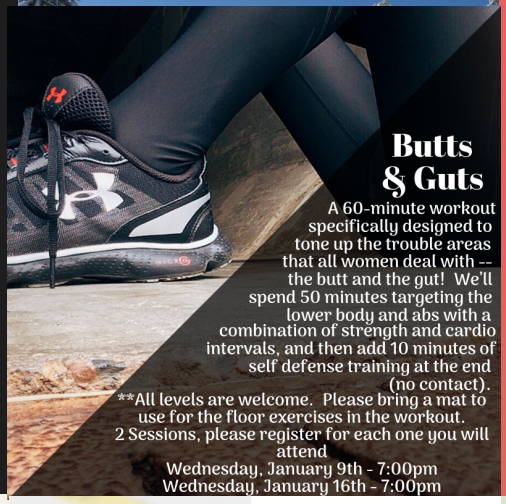
TOWN OF BALLSTON COMMUNITY LIBRARY & BELLA NANI SALON & SPA PRESENT

Daddy Daughter Hair Do

Are you a dad who needs a styling lesson? Come join our stylists for a workshop that teaches dads how to style their daughters hair!
*Registration Required

Wednesday, January 23rd @ 6:00pm

Pick Up Your Winter Reading Challenge BINGO Sheet Today!



Butts & Guts

A 60-minute workout specifically designed to tone up the trouble areas that all women deal with -- the butt and the gut! We'll spend 50 minutes targeting the lower body and abs with a combination of strength and cardio intervals, and then add 10 minutes of self defense training at the end (no contact).
**All levels are welcome. Please bring a mat to use for the floor exercises in the workout.
2 Sessions, please register for each one you will attend
Wednesday, January 9th - 7:00pm
Wednesday, January 16th - 7:00pm

Holiday Cookie Decorating

Christmas Cookie Decorating For Adults
Wednesday, December 12th
6:30pm
*Registration Required
Register online, by phone, or at the Library

Valentine's Cookie Decorating For Adults
Monday, February 11th
6:30pm
*Registration Required
Register online, by phone, or at the Library

TOWN OF BALLSTON COMMUNITY LIBRARY
COMMITTED AND CONNECTED

American Red Cross Blood Drive

Wednesday, December 19th
1:00pm-6:00pm

To schedule your appointment, use the web address below, the Red Cross website, Blood Donor App, or call the Library.

http://www.redcrossblood.org/give/drive/driveSearchList.jsp?zipSponsor=TOWNOFBALLSTONLIBRARY
2 Lawmar Lane, Burnt Hills, NY 12027

Town of Ballston Community Library Board of Trustee Monthly Meetings

Open to the public

Wednesdays - 7:00PM
November 28th
No December Mtg.
January 30th
February 27th

Drop-In Technology/ Computer Help

Wednesday, December 12th
1:00-3:00pm

Monday, January 7th
1:00-3:00pm

Wednesday, January 23rd
3:00-5:00pm

Monday, February 4th
3:00-5:00pm

Wednesday, February 20th
1:00-3:00pm

MOMS MEET UP @ THE LIBRARY

Monday Mornings
10:30 am - 11:30 am
November 5th, December 3rd, January 7th & February 4th

PRESCHOOL PROGRAMS

Winter Session November 26 - February 15
Registration begins November 13

PLEASE NOTE YOU ARE REGISTERING FOR THE ENTIRE SESSION, ATTENDANCE EACH WEEK IS APPRECIATED BUT NOT REQUIRED.

BABY BOOKWORMS
TUESDAYS AT 9:30 AM
Stories, bounces & songs for children birth to 17 months with a caregiver; sibling are welcome. *Registration required.

TODDLER TIME
FRIDAYS AT 9:30 AM & 10:30 AM
Stories, songs & movement for children 18 to 36 months with a caregiver. *Registration required & siblings are welcome.

FAMILY STORY TIME
MONDAYS AT 10:30 AM & 4:00 PM
Drop-in story time for kids two to four-years-old accompanied by a caregiver. Siblings are welcome.

PRESCHOOL STORY TIME
WEDNESDAY AT 9:30 AM & THURSDAYS AT 9:30 AM
Story Time with a craft for kids ages three to five-year-old accompanied by a caregiver. *Registration required & siblings are always welcome.

ART & MOVEMENT
TUESDAYS AT 10:30 AM
Explore your world through movement and creative activities at this thirty-minute program. For children ages two to five accompanied by a caregiver. This is a drop-in program and siblings are welcome.

www.toblibrary.sals.edu

Music Medley Holiday Sing-Along

SATURDAY, DECEMBER 8
AT 10:30 AM

The Wonder Room presents

DECORATE CARDS, TAGS & BAGS

Wednesday, December 5th at 10:30 AM
for grades K-2

The Puppet People Present

The Pirate of Book Island

FRIDAY, DECEMBER 14 AT 1:30 PM
*REGISTRATION REQUIRED FOR GRADES K-2

Christmas Escape Room

Monday, December 17th
1:00 PM, 2:00 PM & 3:00 PM Sessions

For grades 3-5 *Registration required

TREE LIGHTING & QUILT RAFFLE

Tuesday, December 4th
at 6:30 PM

THURSDAY, DECEMBER 27 AT 10:30 AM

Mitten Party
for grades K-2
*Registration required

DIY Window Clings
for grades 3-5
*Registration required

ELEMENTARY BOOK CLUBS

AUTHOR ADVENTURES
Thursdays at 4:00 PM (12/6, 1/3 & 2/7)
for kids in kindergarten

BROWN BAG BOOK CLUB
Thursdays at 4:00 PM (12/13, 1/10 & 2/14)
for kids in first grade

PAGE TURNERS
Thursdays at 4:00 PM (12/20, 1/17 & 2/28)
for kids in second grade

BOOKING THROUGH FICTION
Tuesdays at 4:00 PM (12/11, 1/8 & 2/5)
for kids in third & fourth grade

Registration required, copies of the books are available at the Children's Room Desk.

Mondays at 9:30 AM
five week session
starting January 7th

Momma's Moving Yoga

FOR CAREGIVERS WITH CHILDREN AGES 1-5. *REGISTRATION REQUIRED, FIVE WEEK SESSION