

TOWN OF BALLSTON COMMUNITY LIBRARY

# PROGRAMS-SUMMER 2017

**\*\*All programs require registration, unless they are specified as Drop-In.  
To register for a program, go to the online calendar, or call the Library.\*\***

## Computer/Technology Classes & Assistance

### Drop in Computer/Technology Help

**Mondays - 5/22, 6/5, 7/10, 8/21 -**

**1:00pm - 3:00pm**

**Wednesday 8/9 - 1:00-3:00pm**

Drop-In technology/computer help. Bring your own device, and questions! Try this if you need help with something not covered in a class.

## Returning Favorites

### Judy's Book Club

**June - *The Paris Architect* by Belfoure,**

**July - *Arrowood* by McHugh,**

**August - *Finding Jake* by Reardon**

Meets 7:00pm on the 2nd Monday of each month, unless there is a holiday.



### Non-Fiction Addiction

**June - *What If? Serious Scientific Answers to Absurd Hypothetical Questions* by Randall Munroe**

**July - *On Writing* by Stephen King**

**August - *Killers of the Flower Moon* by David Grann**

**September - *Zookeeper's Wife* by Diane Ackerman**

Our Book Club devoted entirely to non-fiction.

This Book Club meets at 12:30pm on the 3rd Tuesday of every month.

2 Lawmar Ln, Burnt Hills 12027

518-399-8174 \* [toblibrary.sals.edu](mailto:toblibrary.sals.edu)

### Chapter Chat Book Club

**June - *A City Baker's Guide to Country Living* by Louise Miller**

**July - *Eight Hundred Grapes* by Laura Dave**

**August - *Close Enough to Touch* by Colleen Oakley**

A 'lighter' Book Club. This Book Club meets 7:00pm on the 2nd Tuesday of every month.

### Knit Wits

**3rd Tuesday of the month - 7:00pm**

All fiber fanatics are welcome, but only knitting help is promised.

## Learn, Do, & Give Programs

### Writing Down Your Stories

#### Memoir Writing Seminar

**Monday, June 26th - 6:00pm**

Since 2002, Shartle has been working primarily with area adults and seniors who want to write their stories down. Shartle joined Dr. Elaine Handley, associate Professor of Writing and Literature at Empire State College teaching memoir. Since then, Ms. Shartle has also taught a similar class called "Life Lines" at the Town of Ballston Community Library.

### Game Night

**Friday, June 30th - 6:00 - 8:00pm**

**Monday, July 24th - 6:00 - 8:00pm**

Looking for a night out? Come play some board games at the Library!

\*This program is for adults.





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## Learn, Do, & Give Programs

### Yoga

**Wednesdays - July 5th, 12th & 19th  
Thursdays - August 17th, 24th & 31st**

This free Kripalu style yoga class will focus on yoga postures, meditation and breathing techniques with a goal of “meditation in motion.”

Connection to present moment and relaxation will be practiced through developing breath and body awareness. Please bring a yoga mat, small pillow or cushion and a light weight blanket.

### Think, Shop, Do - Local!

**Monday, July 17th - 3:00-8:00pm**

Interested in seeing what services our area has to offer? Come to the Library and talk to local organizations. There will be door prizes!

### Self-Defense Seminar

**Tuesday, August 1st - 7:00-8:00pm**

Learn how to protect yourself from attacks with simple and effective self-defense techniques. This 1-hour seminar covers defensive hand-to-hand moves that are easy to remember and perform. Open to all ages and abilities.

### Real Food Fast with Jodie Fitz

**Monday, August 7th - 7:00pm**

Get some tips to help make your time in the kitchen easier and healthier!  
(This program is for adults.)

\*Jodie Fitz is the creator of the very popular Price Chopper Kids Cooking Club!\*

***Check back often, we are always  
adding new programs!***



## Build It Better, Local!

### Summer Reading 2017

Summer reading isn't just for kids! This year's theme is Build a Better World, and what better way to build a better world than to start local!

Enrolling is easy, simply go to the Library website, or ask staff for assistance. Once enrolled in the program, starting on June 23rd, you can start counting and logging minutes read, or listened to, if you use audiobooks.

What do you get out of this, aside from the pleasure of reading or listening to great books?

Prizes! As you log minutes and attend programs you will earn prizes. Sometimes it will be a free book to select from the prize cart, and sometimes it will be a raffle ticket to put in a bucket to win a larger prize, like a Google Home, or a Kindle Fire!

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